



## **UPDATE REGARDING CORONAVIRUS**

March 10, 2020

Lotus Families,

Everyone has a part to play in slowing the spread of this virus. We must all stay informed with current information from reliable sources. As new information emerges from across the globe, seeking and sharing accurate information during a time of heightened concern is one of the best things we can do.

- If you or a family member are exhibiting symptoms you should call your medical provider or clinic, if appropriate your provider will give you instructions on where to go for care and testing. **Symptoms are Fever, Cough, or Shortness of Breath.**
- People who have general questions about coronavirus disease 2019 can call CO HELP at 303-389-1687 or 1-877-462-2911 or email them at [COHELP@RMPDC.org](mailto:COHELP@RMPDC.org), for answers in English, Spanish (Español), and more.
- Other reliable sources of information:
  - [CDPHE Fact Sheet](#)
  - [CDC: Coronavirus Disease 2019 website](#)
  - [CDC: Novel coronavirus information for travelers](#)
  - [CDC Interim Guidance: Get Your Household Ready for Coronavirus Disease 2019 \(COVID-19\)](#)
  - [CDC: Frequently asked questions](#)

### **Practice everyday healthy actions**

There is no vaccine for COVID-19, but there are many actions you can take to protect yourself from getting COVID-19. These are the same actions that can protect you from getting any respiratory illness.

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use hand sanitizer.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Stay home when you are sick, and keep your children at home when they are sick.
- Cover your cough or sneeze with your elbow or sleeve. If you use a tissue, throw the tissue in the trash and wash your hands.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

**Please continue to notify the attendance office x300 with your child's symptoms when calling in for illness absences. (Fever, cough, sore throat etc.)**



### **Could Lotus School Close?**

In the case of a major Coronavirus (COVID-19) outbreak, Lotus School for Excellence would follow the Tri-County Health Department's lead on any quarantines, closures, or other health measures needed. Our focus would first be on ensuring the safety of students and staff, and then on how education would continue, whether that be via electronic/remote systems, making up missed school days at a later date or other options that may arise as we work with the Colorado Department of Education.

### **What are we doing at Lotus to decrease spread?**

- Our Health Staff are monitoring daily student illness. Students are being sent home if they have the following symptoms: fever over 100, excessive coughing, vomiting, or the inability to focus in class related to sore throat, headache etc.
- Daily sanitizing of high frequented surface areas such as desks, door knobs, water fountains & restrooms
- We have scheduled to have a deep cleaning of the entire school during spring break
- We will continue to update our Lotus Community via our website, phone dialers and social media sites as new information becomes available.

For further questions or concerns please call our School Nurse at 303-360-0052 x228