

There are three main reasons to keep sick children at home:

1. The child doesn't feel well enough to take part in normal activities.
2. The child needs more care than teachers and staff can give, and still care for the other children.
3. The illness is on this list and staying home is recommended.

And remember, the best way to prevent the spread of infection is through good hand washing.

Children with the following symptoms or illness should be kept home (excluded) from school:

| SYMPTOMS | Child Must Be at Home? |
|---|---|
| <p>DIARRHEA frequent, loose or watery stools compared to child's normal ones that are not caused by food or medicine</p> | <p>Yes - if child looks or acts sick; if child has diarrhea with fever and isn't acting normally; if child has diarrhea with vomiting; if child has diarrhea that overflows the diaper or the toilet</p> |
| <p>FEVER 100°F with behavior change or other illness</p> | <p>Yes – for at least 24 hours after the fever is gone, without the use of medicine that reduces the fever.</p> |
| <p>“FLU-LIKE” SYMPTOMS Fever over 100°F with a cough or sore throat. Other flu symptoms can include tiredness, body aches, vomiting and diarrhea</p> | <p>Yes - for at least 24 hours after the fever is gone, without the use of medicine that reduces the fever.</p> |
| <p>COUGHING <u>Note:</u> Children with asthma may go to school with a written health care plan and the school is allowed to give them medicine and treatment</p> | <p>Yes - if severe, uncontrolled coughing or wheezing, rapid or difficulty breathing and medical attention is necessary</p> |
| <p>Mild RESPIRATORY OR COLD SYMPTOMS stuffy nose with clear drainage, sneezing, mild cough</p> | <p>No - may attend if able to take part in school activities <i>Keep home if symptoms are severe. This includes fever and the child is not acting normally and/or has trouble breathing.</i></p> |
| <p>RASH WITH FEVER <u>Note:</u> Body rash without fever or behavior changes usually does not need to stay home from school, call the doctor</p> | <p>Yes – call the doctor. Any rash that spreads quickly, has open, weeping wounds and/or is not healing should be evaluated</p> |
| <p>VOMITING Throwing up two or more times in the past 24 hrs</p> | <p>Yes - until vomiting stops or a doctor says it is not contagious. If the child has a recent head injury watch for other signs of illness and for dehydration</p> |